

# Sailing Instructions

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## 1. RULES

1.1. This series shall be governed by the current ISAF Racing Rules of Sailing Appendix B Windsurfing Competition Rules, the ISAF Equipment Rules of Sailing, the International Formula Windsurfing Class Association Class Rules and the International Formula Windsurfing Championship Rules except where altered by the Windsurfing NSW Formula Series Notice of Race and these Sailing Instructions.

1.2. Governing documents shall be read with the following precedence:

1. Windsurfing NSW Formula Series Sailing Instructions;
2. Windsurfing NSW Formula Series Notice of Race;
3. International Formula Windsurfing Championship Rules;
4. International Formula Windsurfing Class Association Class Rules;
5. ISAF Equipment Rules of Sailing;
6. ISAF Racing Rules of Sailing Appendix B Windsurfing Competition Rules.

1.3. Abbreviations:

ISAF International Sailing Federation;

IFWC International Formula Windsurfing Class;

RRS ISAF Racing Rules of Sailing;

WCR ISAF Racing Rules of Sailing Appendix B Windsurfing Competition Rules;

CACR International Formula Windsurfing Class Association Class Rules;

FWCR International Formula Windsurfing Championship Rules;

NOR Windsurfing NSW Formula Series Notice of Race;

SI Windsurfing NSW Formula Series Sailing Instructions;

FW Formula Windsurfer class;

FF Free Formula class.

1.4. CHANGES TO THE WCR RULES

### 17 ON THE SAME TACK; PROPER COURSE

Rule 17 is reinstated in accordance with the RRS as follows:

If a boat clear astern becomes overlapped within two of her hull lengths to leeward of a boat on the same tack, she shall not sail above her proper course while they remain on the same tack and overlapped within that distance, unless in doing so she promptly sails astern of the other boat. This rule does not apply if the overlap begins while the windward boat is required by rule 13 to keep clear.

## 2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the official notice board. The official notice board will be located adjacent to the registration area or as described at the Briefing.

2.2. Three sound signals will mean – ‘a notice to competitors has been posted on the official notice board’. No visual signal will be used (alters WCR Rule 26 Starting & Ending a Round).

- 2.3. Repeated short sound signals (more than three) will mean – ‘a Briefing will be held adjacent to the registration area in 5 minutes’. No visual signal will be used (alters WCR Rule 26 Starting & Ending a Round).

### **3. SIGNALS MADE ASHORE**

- 3.1. Signals made ashore will be displayed on the official flag pole located adjacent to the registration area or as described at the Briefing.
- 3.2. Answering Pendant (AP) displayed with two sound signals will mean – ‘racing postponed’. When the AP is lowered accompanied by one sound signal it will mean – ‘the warning signal for the next race will be made in not less than 20 minutes’ (alters RRS Race Signals).

### **4. SIGNALS MADE AFLOAT**

- 4.1. When numeral pennant 2 is displayed on the finish boat at the finish of a race it will mean – ‘it is intended to start another race as soon as practical after the last competitor of the present race finishes or the time limit for that race expires, whichever is sooner’ (alters WCR 26 Starting and ending heats).

### **5. CHANGES TO SAILING INSTRUCTIONS**

- 5.1. Changes to sailing instructions will be posted on the official notice board not less than 30 minutes prior to the first race affected by such change.

### **6. COMPETITION FORMAT AND EVENT SCHEDULE**

- 6.1. The racing schedule for the events will be as described in the NOR and subject to weather conditions on the day.
- 6.2. All Divisions (refer NOR) shall start and race in the one fleet unless amended at the Briefing.
- 6.3. Order of different fleets will be communicated at Briefing.
- 6.4. The course(s) to be sailed and the racing format will be posted on the official notice board no later than 30 minutes prior to the scheduled starting time for next affected race.
- 6.5. FF will sail a shortened course.

### **7. THE COURSE**

- 7.1. The course location, its configuration and marks to be used will be described at the relevant Briefing.

### **8. MINIMUM WIND CONDITIONS**

- 8.1. Minimum wind conditions shall be in accordance with the FWCR.

### **9. THE START**

- 9.1. The starting line will be described at the relevant Briefing.
- 9.2. For the first start of a race period:
- 5 mins      Class flag up one sound signal
  - 4 mins      P flag up one sound signal
  - 1 min        P flag down
  - 0 mins      Class flag down one sound signal - Start

- 9.3. If there is a General Recall in the first start the entire sequence will begin again. The preparatory signal for a new start shall be made one minute after the First Substitute is lowered.

## **10. RECALLS**

- 10.1. Recalls will be in accordance with WCR rule 29.
- 10.2. After a General Recall, WCR rule 29 will apply if a black flag is displayed on the start boat at or before the preparatory signal for the next start of that race (alters WCR rule 29). WCR rule 29 shall not apply in this case.

## **11. THE FINISH**

- 11.1. The finishing line will be described at the relevant Briefing.

## **12. TIME LIMITS**

- 12.1. Time limits be in accordance with the FWCR

## **13. NUMBER OF RACES**

- 13.1. The number of races shall be in accordance with the FWCR.
- 13.2. Additionally, for Heats of the Windsurfing NSW Formula Series:
- A minimum of 3 races shall be completed by a class or division to validate a Heat scheduled for two or more days;
  - A minimum of 2 races shall be completed by a class or division to validate a Heat scheduled for one day only.

## **14. REST PERIODS**

- 14.1. When racing back to back, the minimum interval between the closing of the finishing line and the new warning signal for that fleet/group shall be a minimum of 5 minutes.

## **15. PROTESTS AND REQUESTS FOR REDRESS**

- 15.1. Competitors intending to protest shall inform the finishing boat at the time of finishing or retiring of their intention giving the sail number(s) of the protested competitor(s) and witnesses involved (alters RRS 61).
- 15.2. Protest forms will be available at the registration area.
- 15.3. Protest forms shall be lodged at the registration area.
- 15.4. Time limit for lodging protests is 20 minutes after the last finisher in the last race of the day. WCR Rule 63 applies.
- 15.5. Race Committee (3 members) will perform as jury for Protest, unless if Race Committee member is involved in protest, then another jury member will be sourced (alters WCR Rule 70).

## **16. SCORING**

- 16.1. Scoring shall be in accordance with the FWCR.

## **17. SAFETY REGULATIONS**

- 17.1. Safety regulations shall be in accordance with the FWCR.

## **18. PERSONAL EQUIPMENT**

- 18.1. A competitor, whilst afloat, who fails to wear as intended a personal floatation device complying with the relevant Australian Standards, or one which is approved by the

race committee, will be ranked as a non-starter. The committee will not display flag Y (alters RRS Rule 40).

18.2. Clothing and equipment weight shall be in accordance with the WCR.

## **19. PENALTIES**

19.1. Penalties shall be in accordance with the WCR.

## **20. ENTRY DISCLAIMER**

20.1. 'In accepting my entry, I agree to be bound by the rules governing this event. I acknowledge and accept that I am solely responsible for deciding to enter and continuing to participate in this event. I further acknowledge and agree that participation in this event can be dangerous and shall accept that my participation is at my exclusive risk in every respect. By way of my entry being accepted, I hold harmless the organising authority, its officers, members, servants, agents and all other participants in respect of all liability for injury to my person and or loss or damage to my property howsoever arising from my participation or intended participation in this event. I acknowledge and accept that the organising authority, its officers, members, servants, agents and other participants accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of my participation or intended participation in this event or arising for whatever reason in connection with this event.'